

**ACKNOWLEDGEMENT AND RELEASE FOR
LAKOTA HILLS SWIM TEAM 2010**

I, _____, the parent or legal guardian of _____, hereby acknowledge that I have been cautioned by the administrative and/or coaching personnel of Lakota Hills Swim Club that all activities involving water, height, or motion have the potential to cause severe injury, including but not limited to: broken bones, permanent paralysis or even death. Having been so cautioned, I do hereby acknowledge that it is my voluntary act and deed to permit said child to proceed with the activity in or around the grounds of Lakota Hills Swim Club, or other local pools, and that said child is participating in _____ with my full knowledge and consent.

I hereby release Lakota Hills Swim Club, its trustees, members, employees, instructors, coaches and any other persons connected with Lakota Hills Swim Club, from any and all liability for personal injury or property damage incurred as a result of my child's participation in _____. I hereby give my permission and authorization for trained medical professionals to administer emergency aid to my child as needed.

(Date)

(Signature)